

COSMO CENTRE

235 – 3RD Ave. N.E. Moose Jaw, Sk. S6H 1C9

Phone: (306) 692-6072

Email: cosmo@sasktel.net

Website: cosmoseniorcentre.com



August Newsletter

Office hours are 8:00am – 3:00pm, Monday to Friday

Can you believe it...I'm way ahead of the game for the August Newsletter and Calendar!!! ☺ That's because I'm starting my holidays tomorrow (Tuesday, July 21 through Monday, August 3). If you know me, you know I'll be checking emails and phone messages.

The schedule is getting back to normal but there are still some activities that are off the calendar until September.

Please pay close attention either on our Facebook page or website (www.cosmoseniorcentre.com).

These are **ALWAYS** up to date.

AUGUST EVENTS

Wednesday, August 12 – Las Mambas Dance/Cabaret, 7:30pm – 10:30pm Tickets on sale now \$20 Advanced, \$25 at the door. Doors/Bar open at 6:30pm

Friday, August 14 – Crib Tournament, 1:00pm \$5/person

Friday, August 21 – Military Whist Tournament

COSMO COFFEE SHOPPE

Tuesday lunch special – \$10 11:30am. Includes coffee/tea, dessert

August 4 – Meatloaf/Mashed Potatoes/Carrots/Trifle

August 11 – Chicken Caesar Salad/Cheese bun/Cream Puffs

August 18 – Beef Stew/Biscuit/Strawberry Shortcake

August 25 – Soup (to be determined)/Ham & Cheese Sandwich/Butter Tart Squares

Thursday – Coffee/Dessert Special - \$5 or Pie - \$4.50 10:00am – 3:00pm

August 6 – Chocolate Cream Pie

August 13 – Cinnamon Rolls

August 20 – Apple Pie

August 27 – Strawberry Rhubarb Pie

Single Serving Meals (starting in September) - \$5 8:00am – 3:00pm

Eat in or Take out - Single serving meals of different choices will be available while quantities last

Volunteers – Thank you for all that you do!!!

- The Cosmo Centre will start offering **FREE** income tax services for seniors for the 2026 year starting in 2027.

This is a program offered by Canada Revenue Agency (CRA)'s Community Volunteer Income Tax Program

(CVITP). **Are you interested in volunteering to help seniors do their taxes?** Of course there is training and it's only for simple taxes. Please let me know if you're interested or if you'd like more information.

- **Volunteer Admin (front) desk /Cosmo Centre Greeter** ☺ What you do: welcome guests, direct traffic, answer

phones, do little bits of administrative work, etc. This allows me to be more focused in my office, to do errands that I would otherwise have to do after work, even participate in some of the scheduled activities ☺

LOOKING FOR VOLUNTEERS - See the list on the volunteer board at the Cosmo Centre or give me a call.

August 12 – Las Mambas Dance/Cabaret: Admission, 50/50 table, Canteen, Selling bar tickets, Bar, Closing.

August 21 – Military Whist: Clean up, Set up/make sandwiches

WHAT'S NEW/ANNOUNCEMENTS

The **floors are being refinished and new lines being painted** during week of July 21 – July 27. The Cosmo Centre will be **CLOSED**.

Starting in September, there will be **single serving lunch meals** available for purchase at any time during the day between 8:00am – 3:00pm for \$5/serving. These will be simple eat in or takeout meals.

The **Cosmo Coffee Shoppe** is going to be upping their game starting in September. What for new items on the **beverage menu**: Mocha, Hot Chocolate (homemade), Iced Coffee, Ice Cream Floats. As well, there will be a **dessert cart** of various desserts to choose from: cookies, squares, pies, cakes, tarts, etc.

Thanks to some **VERY CLEVER** volunteers, I now have punch passes for indoor walking and the fitness room. The Punch Pass costs \$20 for ten passes. You can purchase a pass from me in the office or from the volunteer at the volunteer admin desk.

Lots of **NEW workshops and activities** are starting this fall. Watch for posters. These include:

Daily Activities:

Chair yoga – Thursdays starting September 10 with Taleathahh Livingstone , 9:00am – 10:00am

Tai Chi – day/time to be determined

Classes:

Ethnic cooking classes (monthly) – September 14, 11:00am – 3:00pm, Canadian Chinese with Charlene Lind

Paint nights – October 19 and 26, 6:30pm

Baby Moccasin making workshop – November 18 and 25, 11:00am – 3:00pm

Calligraphy - day/time to be determined

Genealogy – day/time to be determined

Diamond Art – day/time to be determined

PLEASE be sure to check the calendar regularly for ongoing changes due to this or that, on the website at www.cosmoseniorcentre.com or [Facebook](https://www.facebook.com/cosmoseniorcentre) to follow the ongoing posts. The **DISCOVER MOOSE JAW** site may not always be up to date.

Have a fabulous day!!

From the desk of Penny Gustafson

Executive Director

(306) 692-6072

cosmoseniorcentre.com

cosmo@sasktel.net